

Total Health & Wellness Preventive Care Membership Program



Individual

18-29 YEARS	30-40 Years	40-59 Years	60+
\$60	\$80	\$100	\$120
Enrollment fee: \$30	\$60	\$80	\$100

Family

Single parent family 1 adult & 1 child	Couple w/out children <40 YEARS	Couple W/ 1 Child
\$150	\$170	\$200
Enrollment fee: \$70	\$100	\$130
		*Additional \$50 per child/per month

- ▶ Re-Enrollment Fee: \$100
- ▶ Billing at the end of the month on a pre-authorized credit card



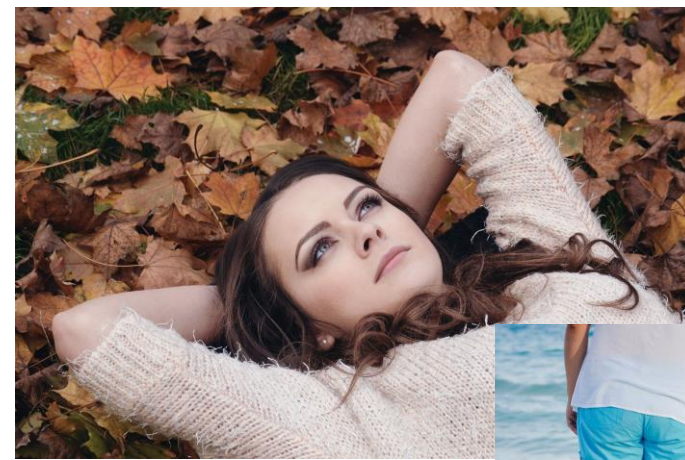
Shekinah
HEALTH & WELLNESS CENTER

Enrollment Perks

- Limit costs of physicals and other routine visits
- See a primary care provider for routine visits or short-term health issues
- Services at reasonable cost. No hassle with prices. What you see is what you get.
- Timely communications via phone or telehealth
- Accessibility and convenience
- No insurance deductibles, copays and discounts

Best For

- Generally healthy individuals
- Individuals with zero or limited medical insurance coverage
- Those who already have—or are considering—a High Deductible Health Plan (HDHP)
- Families with small children
- Individuals who travel frequently
- Non-insured elderly patients who can't travel to the doctor



Membership Inclusion

- Covers typical preventive primary care consultations including in office chronic disease screening and care coordination
- Include 15 visits per year for preventive and acute care management
- Discounted rate with our partnered pharmacies, labs and imaging centers.
- Timely communication via phone or telehealth
- Same-day and next-day visits
- In-depth visits and consultations (30 to 60-minute appointments)

Membership Exclusion

- Additional charges for extensive management of a chronic disease including further testing and procedures
- Mental health counseling (Ask for our affordable self-pay therapy rates)
- Does not include visits to specialists and the hospital
- Does not include medication cost
- Doesn't count toward your insurance deductible, if you have one.

