THE COVID-19 VACCINES

Your questions, answered.

Experts around the globe have been working tirelessly to develop safe and effective vaccines against COVID-19. And now, they're here. Learn what this can mean for you.

We know you may have questions about the new vaccines. To help, we've outlined some common ones that may be on your mind. Be sure to talk with your primary care provider (PCP) for the personal guidance you may need.

› Are they safe?
Cigna looks to the Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC) to assess matters of safety and efficacy. After rigorous testing, FDA experts have determined the vaccines to be safe and effective for adults.

› How much will they cost?
Cigna will cover FDA-authorized vaccines as a preventive service, so they will be available at no additional cost to you.*

› Where can I get a COVID-19 vaccine?
Vaccine guidelines and requirements can vary by state and county. Visit **Cigna.com/vaccinesbystate** to find your state's health department vaccine resources and learn more.

› I heard I may need two shots. Is that true?
So far, most vaccines require a booster shot about a month after the first dose to be effective.** Your doctor can help you understand which vaccine you'll get and when and if you'll need a second dose.

CONTINUE TO PROTECT YOURSELF AND OTHERS.

It may take some time before the COVID-19 vaccines are available to everyone. We urge you to still wear a mask in public, practice social distancing and wash your hands often.

VISIT OUR STATE COVID-19 RESOURCES PAGE TO LEARN MORE
Visit **Cigna.com/vaccinesbystate** or contact your local health department to find out if you are able to get a COVID-19 vaccine and where and when to get vaccinated.

For more information, visit our COVID-19 Resource Center at **Cigna.com/coronavirus**.

Updated February 1, 2021. For the most up-to-date information, visit Cigna.com/coronavirus.

Together, all the way.®

Cigna

*For plans that cover preventive services at 100%. **There is currently one COVID-19 vaccine in development that requires only one dose. See CDC, "Frequently asked questions about COVID-19 vaccination." Last updated December 29, 2020. https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html.